

AdventHealth Sports Concussion Program



Our Difference

AdventHealth's Sports Concussion Program provides a multidisciplinary approach to concussion management, including multiple treatment options to expedite safe return to learn and play. Our team provides care coordination and communication back to the referring provider.

Patient Pathway



What is a concussion?

A concussion — also known as mild traumatic brain injury (mTBI) — is an injury to the brain that alters the way it functions. Concussions result from the rapid movement of the brain inside the skull that disrupts the signals of the brain, which can be caused by a direct or an indirect blow. This could be the result of a sports-related injury, or even a fall at home.

Testing and Treatment

Our unique concussion program treats the individual symptoms of the concussion to help ensure the best outcomes. Our team of sports medicine trained concussion experts are skilled in the areas of:

Headache management
Temporary Individualized Education Plans
Vestibular (Balance) Therapy
Speech/ Cognitive Therapy
Audiology

Action Plan

According to Florida law, in order to be cleared, the patient must:

1. Return to learning and cognitive baseline or within normal limits
2. Complete exertion protocol
3. Be discharged of all medications related to the concussion
4. Be medically cleared by a physician trained in the management of concussions

For more information or to schedule an in-office or Telehealth appointment with one of our providers in the Central Florida area call 407-303-6136 or e-mail AH.FL.Concussion@adventhealth.com